

# ANNUAL REPORT



2021-2022 Annual Report  
Mental Health Association of the Southern Tier  
47 Broad Avenue  
Binghamton, NY 13904

# A Message from the Board President.....

*As we compile our annual report for the years of 2021-22, it's important that we take a deliberate pause to reflect where we've been and what the past has taught us, where we are today and why we as an organization remain relevant and what we need to accomplish to set a solid course of action for our future.*

*Since 1927, the Mental Health Association of the Southern Tier (MHA ST) has been an important part of our community, focused on improving the mental health and wellbeing of those we serve. Our dedicated team of employees, management and directors have demonstrated a steadfast commitment to our mission and those we provide essential services for over 96 years!*

*When you look back in history, our organization has survived and helped others survive and cope with major events and stressors ranging from war, terrorism, economic events, and public health crises which have impacted not only us a global society, but certainly impacted us as a community and many of us as individuals. Since we began offering services our continued success has been a result of the dedication of our team and the ability to identify, adapt and overcome our changing world, while being attentive and staying focused on our mission.*

*In addition to the challenges of the post pandemic world, in the fall of 2021 our organization was faced with some unanticipated challenges in the areas of staffing and human resources. It is important to recognize that for almost eight months, the leadership, oversight, and daily direction of the organization was accomplished by the board of directors. This group of highly skilled and qualified individuals quickly became a unified, dedicated board body that contributed hundreds of hours of their personal time to assist with the assessments, continual planning and implementation of stabilizing plans and actions while providing the oversight needed to maintain services to our community. When the dust settled in 2022, MHA ST introduced a new senior leadership team to facilitate our success as an agency in the foreseeable future. The dedication, determination displayed, and time commitment freely given by every board member during this interval of time should not only be recognized, but used as a future reminder of the quality and commitment we as an organization should be looking for in not only our board members, but management and employees.*

*In 2022, Megan Crowe took the helm as our new Executive Director. Her previous experience, commitment to quality and belief in our mission became obvious as she made significant contributions to stabilize our organization as well as lay the groundwork for our future. Under her direction and guidance in 2022, MHA ST rolled out an updated leadership structure, strengthened many internal policies & controls, and filled many staff vacancies. We are excited and thankful to have her as part of our team.*



*In the fall of 2022, MHASt was also notified of the award of a 2 million dollar grant to establish a crisis stabilization center. This center, while located in Binghamton, will service a multi-county area, and provide additional services needed in our region. To accomplish this a new building was purchased on State Street in Binghamton with an anticipated opening in June of 2023. After many hours of work by several within the organization and several thousand dollars spent on design and preparation, the project was paused by NYS as they attempted to align and further defined the program and physical requirements of the project. We are currently anticipating opening in the spring of 2024.*

*As we move through 2023, while the COVID-19 pandemic declaration officially ended in May of this year, our community continues to be impacted by the residual effects. As a community, region, and nation we all face many issues on a daily basis, including but not limited to instability and inequality in our economy, substance abuse, gun violence, global terrorism, challenges to human rights and civil liberties, discrimination, gender equality, homelessness and more. There is a lot going on around us and it affects everyone differently. At a national, regional, and local level the need for mental health services continues to grow. As it has for some time, the demand for these services continues to exceed capacity and MHASt is mindful of this situation.*

*For now, and in the immediate future, MHASt will continue to evaluate our current programming, staffing and offerings to identify additional ways to grow and improve while responsibly balancing our operational expenses and regulatory requirements. We have already identified areas of potential growth with our Mobile Crisis Team and their associated activities as well as the need for improvements and growth with our Crisis Respite facility. In the coming months the board, senior leadership team and entire staff will be involved in developing an updated strategic plan to assist us in charting our course for the future.*

*We have come a long way since 1927 and made significant improvements in the last two years. Our work is far from over. I would like to thank our board, management team, staff, supporting organizations and contractors for their dedication and commitment to our mission. What we do is important. We positively touch the lives of many individuals in our community. As we move forward....*

*Stay focused... stay safe.*

*John*

*John Hussar, President of the Board of Directors*





## BOARD OF DIRECTORS

### **2021 Board**

Martin Likewise, President  
Tom Lynch  
Tom Picciano  
Dr. Asa Brown  
Teri Chamberlin  
Alycia Kimmel  
John Hussar, President  
Maria Korchak, Treasurer  
Kristin Saunders, Secretary  
Patrick Garey  
Robin Kinslow-Evans  
Patricia Kissick  
Tim McHale  
Michael Taylor

### **2022 Board**

#### **Officers:**

John Hussar, President  
Kristin Saunders, Vice-President  
Maria Korchak, Treasurer  
Patricia Kissick, Secretary

#### **Members:**

Patrick Garey  
Alycia Kimmel  
Robin Kinslow-Evans  
Patricia Kissick  
Tim McHale  
Kevin Richman  
Andrea Rotella  
Michael Taylor



# A Message from the Executive Director.....

***“The secret of change is to focus all of your energy not on fighting the old, but on building the new” – Socrates***

I came across this quote recently and felt it was so applicable to the situation MHA<sup>ST</sup> has been in throughout 2021 and 2022. It is somewhat difficult, as the newcomer, to summarize the events, program information, challenges and accomplishments during this time when there were significant organizational shifts.

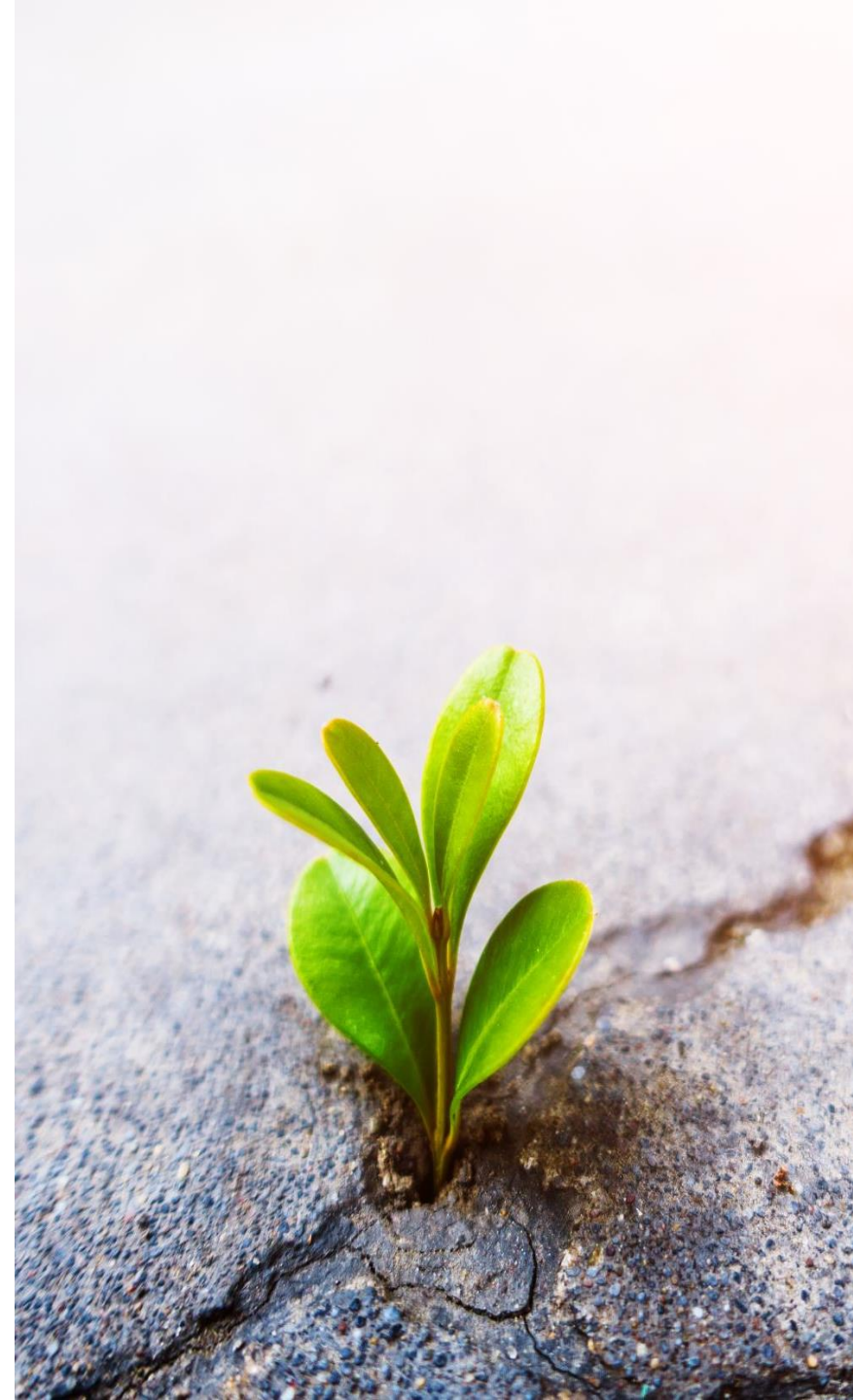
Despite the unexpected circumstances and despite a worldwide pandemic, MHA<sup>ST</sup> continued to persevere amidst the unknown and the state of affairs of the agency. We continued to focus on the services and supports to the clients and our community. We greatly appreciate the time and effort made by our board of directors to maintain MHA<sup>ST</sup> operations; without their dedication and commitment we may have experienced a different outcome.

Although I began my employment in the last quarter of 2022, it quickly felt like “home.” I knew that this organization had enormous value but was faced with a new challenge – change, but also-opportunity. What an exciting time to become part of MHA<sup>ST</sup>!

We made great strides in the last few months of the year, embarking on some big projects and making some difficult, but necessary changes. We worked to rebuild trust with employees and to create a solid team across all programs. We realized how much there was to do, but it did not deter us from moving forward towards progress, improvement, and success.

As MHA<sup>ST</sup> continues to make improvements we need to consider how we navigate the “old” and incorporate the “new.” The “old” is our mission and the vision of MHA<sup>ST</sup>, the quality of service we provide, the care and compassion we demonstrate, and the commitment to support our community; ***this*** is our constant and will ***always*** guide the “new.” There has never been a better time to work in the mental health field; there is more awareness, more funding, more resources, more programs, and more understanding that we must do more for individuals suffering with mental illness.

There is more work to do, and we will continue to evolve. We will continue to build a new foundation and we look forward to what the future holds for the Mental Health Association of the Southern Tier.



# 2021 Agency Employees

Nicole Addicott, Administrative Support  
Noah Cooper, Director of Peer Services  
Raymond Feleppa, Marketing and Promotion Support  
Donna Kline, Director of Finance  
Kathryn Korba, HR Assistant  
Keith Leahey, Executive Director  
Angela Lynch, Director of Crisis Services  
Heather Nower, Director of Operations  
Joanne Weir, Development Director

Tiffany Ballard, Crisis Respite House  
Cheyenne Bowen-Holgash, Crisis Respite House  
Ashley Brink, Crisis Respite House  
Sean Cullen, Crisis Respite House  
Kristy Demott, Crisis Respite House  
Sarah Gernhart, Crisis Respite House  
Denton Johnson, Crisis Respite House  
Dana Kruse, Crisis Respite House  
Benjamin Larkin, Crisis Respite House  
Emma Mesi, Crisis Respite House  
Shiday Mingo, Crisis Respite House  
Dustin Mooney, Crisis Respite House  
Vanessa Moppert, Crisis Respite House  
Laurel O'Connor, Crisis Respite House  
Jennifer Walsh, Crisis Respite House  
Ashley West, Warmline/Crisis Respite House  
Crystal Williams, Crisis Respite House

Amanda Day-Heath, Family Peer Support Services  
Melissa Fowler, Family Peer Support Services  
Wendy Hitchcock, Family Peer Support Services

Ashley Blewett, Mobile Crisis Team  
Robin Carroll, Mobile Crisis Team  
Patrick Hadfield, Mobile Crisis Team  
Michael Hatch, Mobile Crisis Team  
Tara Johnson, Mobile Crisis Team  
Stacy Liciandrello, Mobile Crisis Team  
Sandra Westgate, Mobile Crisis Team

Shannon Ellsworth, Sunrise Wellness Center  
Megan Morris, Sunrise Wellness Center  
Janiece Miller, Sunrise Wellness Center  
Tara Nava, Sunrise Wellness Center  
Lacey Pesko, Sunrise Wellness Center  
Mikayla Rusnak, Sunrise Wellness Center  
Sarah Rowlands Compeer Youth  
Erin Wank, Project Uplift

Brian Fish, Project Hope  
Joann Funaro, Project Hope  
Lindley Kavanaugh, Project Hope  
Oulayvan Leahey, Project Hope  
Jill Lloyd, Project Hope  
Ronald Matias, Project Hope  
Patricia Miles, Project Hope  
Corin Shafer, Project Hope  
Michelle Slabicki, Project Hope  
Emily Stankiewicz, Project Hope  
Megan Stanton, Project Hope  
Amanda VanGordon, Project Hope

***There were 59 employees over the course of 2021.***

# 2021 Program Information

## Sunrise Wellness Center:

Continued to operate as a virtual program. Clients provided cell phones to access telehealth appointments and zoom group meetings.

## Mobile Crisis Team:

The plan for 2021 is to increase hours of operation and hire additional staffing.

## Crisis Respite House:

Continues to offer short term supports for clients. During 2021, we will implement changes with workflow and policies to be compliant with OMH Part 589 regulations, in preparation of licensure.

## Family Peer Support Services:

Continued to operate via phone and telehealth. Some budget cuts have occurred, but program remains operational.

## Project Uplift:

Due to changes in DOH requirements, program will be dissolved at the end of March.

## Compeer, Compeer Youth, and Rural Bear:

These programs all dissolved at the very end of 2020 due to state budget cuts.

# Highlights of 2021:

- The Advocacy and Education programs both experienced budgetary cuts, however, the functions were able to be absorbed by the Sunrise Wellness Program and will continue to be a means of support for clients and partners.
- MHAST submitted a formal application for the Crisis Respite House to become certified by NYS OMH.
- The Crisis Respite House was granted “conditional” licensure in September 2021.
- MHAST received various additional funding, including PPP funds during the COVID pandemic that supported operations and employee retention.
- FPSS Program started billing for services in April 2021, referrals continued to increase, and services were returning to in-person.
- MHAST implemented Project Hope, a statewide program initiative as a result of the pandemic.
- Staff returned to the office and slowly offered in person services.
- MHAST received the MHANYS Award of Dedication for our commitment to promote mental health awareness and the work we do everyday.



# 2021 Financial Report

## Statement of Financial Position - December 31, 2021

ASSETS		LIABILITIES & NET ASSETS	
<b>CURRENT ASSETS</b>		<b>CURRENT LIABILITIES</b>	
Cash & Cash Equivalents	\$ 1,180,603	Current Portion of Long Term Debt	\$ 122,081
Investments	9,132	Paycheck Protection Plan Loan	252,311
Grants & Program Service Fees Receivable	341,383	Accounts Payable	31,660
Inventory	216	Accrued Expenses	79,973
Prepaid Expenses	<u>31,931</u>	Deferred Revenue	<u>3,800</u>
<b>TOTAL CURRENT ASSETS</b>	<u>1,563,265</u>	<b>TOTAL CURRENT LIABILITIES</b>	<u>489,825</u>
<b>PROPERTY &amp; EQUIPMENT</b>		<b>NET ASSETS</b>	
Building & Improvements	453,494	Without Donor Restrictions	1,498,398
Leasehold Improvements	14,525	With Donor Restrictions	<u>82,258</u>
Furniture & Equipment	298,553		
Vehicles	<u>179,243</u>		
	945,815		
Less: Accumulated Depreciation	<u>(438,599)</u>		
<b>TOTAL PROPERTY &amp; EQUIPMENT, net</b>	<u>507,216</u>	<b>TOTAL NET ASSETS</b>	<u>1,580,656</u>
	<u>\$ 2,070,481</u>		<u>\$ 2,070,481</u>

## Statement of Activities - December 31, 2021

<b>SUPPORT &amp; REVENUE</b>		<b>EXPENSES</b>	
Public Support		Program Services	1,679,059
United Way Allocations	\$ 35,871	Support Services	<u>203,220</u>
Government Grants	1,777,624	<b>TOTAL EXPENSES</b>	<u>1,882,279</u>
Other Grants	44,177		
Contributions & Memberships	29,229		
Program Service Revenues, net	122,515	<b>CHANGES IN NET ASSETS</b>	144,385
Fund-raising Income	-		
In-kind Revenue	1,293	<b>NET ASSETS BEGINNING</b>	<u>1,436,271</u>
PPP Forgiveness and related Support	1,406		
Miscellaneous Revenue	<u>14,549</u>	<b>NET ASSETS ENDING</b>	<u>\$ 1,580,656</u>
<b>TOTAL SUPPORT &amp; REVENUE</b>	<u>2,026,664</u>		

# 2022 Agency Employees

Kaitlyn Andrews, Director of Operations  
Noah Cooper, Director of Client Services  
Megan Crowe, Executive Director  
Jill Erskine, Bookkeeper  
Raymond Feleppa, Marketing and Promotion Support  
Donna Kline, Director of Finance  
Harry Longenberger, Executive Director  
Angela Lynch, Director of Crisis Services  
Heather Nower, Director of Operations  
Kiera Short, Administrative Support

Cecil Hopkins, Sunrise Wellness Center  
Lacey Pesko, Sunrise Wellness Center  
Kristin Rivera, Sunrise Wellness Center  
Mikayla Rusnak, Sunrise Wellness Center  
Meryl Russell, Sunrise Wellness Center  
Melissa Fowler, Community Navigator

Theresa Askew, Project Hope  
Brian Fish, Project Hope  
Joann Funaro, Project Hope  
Conner Humphrey, Project Hope  
Christopher Ii, Project Hope  
Jill Lloyd, Project Hope  
Ronald Matias, Project Hope  
Patricia Miles, Project Hope  
Brittany Riso, Project Hope  
Corin Shafer, Project Hope  
Michelle Slabicki, Project Hope  
Emily Stankiewicz, Project Hope  
Amanda VanGordon, Project Hope

Duwan Baker, Crisis Respite House  
Zahra Barnes, Crisis Respite House  
Emily Brink, Crisis Respite House  
Amanda Day-Heath, Crisis Respite House  
Karissa DeMaroney, Crisis Respite House  
Kristy Demott, Crisis Respite House  
Gina Faiella, Crisis Respite House  
Sabrina Garcia, Crisis Respite House  
Jason Harrington, Crisis Respite House  
Denton Johnson, Crisis Respite House  
Elice Jones, Crisis Respite House  
Benjamin Larkin, Crisis Respite House  
Jacqueline McAuliffe, Crisis Respite House  
Rexford McCann, Crisis Respite House  
Emma Mesi, Crisis Respite House  
Dustin Mooney, Crisis Respite House  
Jennifer Painter, Crisis Respite House  
Carleen Rodriguez, Crisis Respite House  
Ashley West, Crisis Respite House  
Kuan Reynolds, Warmline

Tara Johnson, Mobile Crisis Team  
Stacy Liciandrello, Mobile Crisis Team  
Esther Louis-Juste, Mobile Crisis Team  
Vanessa Moppert, Mobile Crisis Team  
Christopher Perez, Mobile Crisis Team Lead  
Sandra Westgate, Mobile Crisis Team

***There were 55 employees over the course of 2022.***

# Highlights of 2022

- The programs in operation included Sunrise Wellness Center, the Warmline, the Mobile Crisis Team, and the Crisis Respite House.
- The Family Peer Support Program dissolved in the spring of 2022 and Project Hope dissolved in August of 2022.
- The Board of Directors monitored organizational operations the majority of the year due to significant turnover of staff and administration.
- The Crisis Respite House received official certification from OMH in April 2022.
- An Interim Executive Director was brought on during the summer to oversee MHASt while a permanent replacement was recruited.
- Wages were evaluated and a market adjustment was made for all levels of staff within the agency.
- Recruitment in all programs occurred throughout the year, resulting in a new Director of Operations and Executive Director, as well as program staff.
- Care Compass Network and Strategic Interests were critical partners during 2022, providing financial consulting services for the Director of Finance position, billing support, and grant application support.
- The RFP for a Supportive Crisis Stabilization Center was submitted in October 2022 and MHASt was notified of the award for the NYS OMH/OASIS contract in December 2022.
- Properties were toured for the stabilization center; a suitable property was purchased at the end of 2022.
- New board members were voted in during the year, resulting in all but one board position being filled. New officers were voted in at the annual meeting.
- Steps were taken to fill vacant positions, revise the Employee Handbook, streamline the hiring process and improve onboarding practices, update the organizational chart, restructure programs, and improve the quality of services offered. Continued improvements will be made in the new year.
- Board meetings were held monthly during 2022 and will continue to meet monthly in the new year.
- Finances remained stable during 2022.



**Statement of Financial Position - December 31, 2022**

ASSETS		LIABILITIES & NET ASSETS	
<b>CURRENT ASSETS</b>		<b>CURRENT LIABILITIES</b>	
Cash & Cash Equivalents	\$ 597,829	Current Portion of Long Term Debt	\$ 113,888
Investments	6,288	Paycheck Protection Plan Loan	-
Grants & Program Service Fees Receivable	777,103	Accounts Payable	48,538
Inventory	-	Accrued Expenses	59,648
Prepaid Expenses	<u>17,847</u>	Deferred Revenue	<u>3,800</u>
<b>TOTAL CURRENT ASSETS</b>	<u>1,399,067</u>	<b>TOTAL CURRENT LIABILITIES</b>	<u>225,874</u>
<b>PROPERTY &amp; EQUIPMENT</b>		<b>NET ASSETS</b>	
Building & Improvements	478,494	Without Donor Restrictions	1,548,658
Leasehold Improvements	14,525	With Donor Restrictions	<u>82,257</u>
Furniture & Equipment	298,553		
Vehicles	<u>179,243</u>		
	970,815		
Less: Accumulated Depreciation	<u>(513,093)</u>		
<b>TOTAL PROPERTY &amp; EQUIPMENT, net</b>	<u>457,722</u>	<b>TOTAL NET ASSETS</b>	<u>1,630,915</u>
	<u>\$ 1,856,789</u>		<u>\$ 1,856,789</u>

**Statement of Activities - December 31, 2022**

<b>SUPPORT &amp; REVENUE</b>		<b>EXPENSES</b>	
Public Support		Program Services	1,596,732
United Way Allocations	\$ 10,357	Support Services	<u>211,813</u>
Government Grants	1,495,265	<b>TOTAL EXPENSES</b>	<u>1,808,545</u>
Other Grants	51,700		
Contributions & Memberships	34,675	<b>CHANGES IN NET ASSETS</b>	50,259
Program Service Revenues, net	265,110		
Fund-raising Income	-	<b>NET ASSETS BEGINNING</b>	<u>1,580,656</u>
In-kind Revenue	150		
Miscellaneous Revenue	<u>1,547</u>	<b>NET ASSETS ENDING</b>	<u>\$ 1,630,915</u>
<b>TOTAL SUPPORT &amp; REVENUE</b>	<u>1,858,804</u>		